

# MoliCare® Premium Elastic

## Application Tips

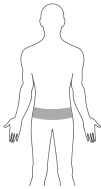
Having the right fit ensures comfort and leakage protection. Follow these tips to help get it right.



### 1 SIZE

Ensure you have the right size and absorbency.

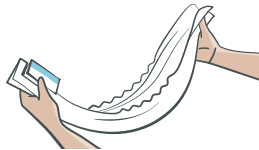
**Note:** you may need a different size than the MoliCare Premium Slip you were using.



hip measurement	size
70 - 90 cm	S
85 - 120 cm	M
115 - 145 cm	L
140 - 175 cm	XL

### 2 PREPARE THE PAD

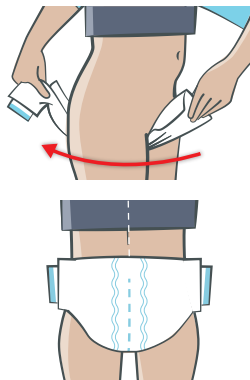
Fold and cup the pad to get it ready for application. This activates the leakage guards to prevent leakage.



### 3 CORRECT FITTING

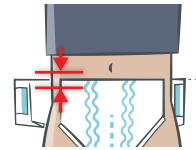
Stand beside the person.  
Slide the pad between the legs from the front to the back.

Ensure that the pad is centred in the right position by aligning the wetness indicator in line with the spine.



### 4 ALIGNMENT

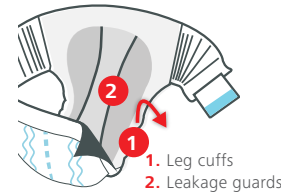
Ensure the pad is aligned equally at the front and the back.



### 5 LEG CUFFS TURNED OUT

Ensure leg cuffs are turned out and not covering the leakage guards.

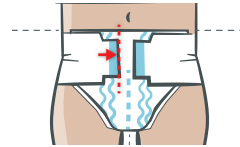
If leakage guards are covered, leakage will occur.



### 7 USE THE WAVY LINES AS A GUIDE

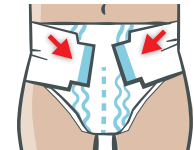
Repeat with 2nd side panel.

Side panels should not crossover the wavy lines. If this occurs the pad may be too large and may leak. A smaller size should be considered.



### 8 ANGLE TABS DOWNWARDS

If the pad feels loose at the back, or is not fitting well, try applying the tabs at a downward angle to help conform to different body shapes.



View application videos and download resources at [elastic.molicare.com.au](http://elastic.molicare.com.au)

